

# About RMCA

## Our Vision

*Creating culturally literate citizens who will impact their world for life, liberty, and justice.*

## Our Mission

*Rocky Mountain Classical Academy exists to support parents in developing citizens and characters who are equipped with a strong knowledge base and academic skills. The basis of this development is rooted in an academically rigorous, content-rich, classical educational program with Core Knowledge emphasis.*



Process Champions



## RMCA Captures Kids Hearts

Genuinely engaging our students is a pillar within the CKH program. There are several things we accomplish by implementing this step: we start the day with a positive greeting, affirm each student, welcome students into our class, and give them our full attention, first thing.

# Important Reminders

## Uniforms

Uniforms make it easier for students to focus in class and promote a safe student culture not focused on style, brands, and fashion trends. Please make sure your student's shorts and skirts are long enough to meet the uniform policy guidelines. Shorts and skirts should be no shorter than 2" above the knee when sitting. You may use this link for further information on the [RMCA Uniform Policy](#). Students may "dress up" on occasions when special events are scheduled, ie: music programs, game days for athletes, picture days, etc. Rules for modesty and dress code still apply on these days. Skirts must be of school appropriate length, no strapless or spaghetti strapped tops, no tight or low-cut clothing, no heels greater than 1", etc. Thank you for helping us by having your child follow this policy!



## Masks

We will continue to follow the state recommendations for students and staff members on wearing masks and facial coverings. Students ten and younger may wear masks and facial coverings. Students eleven years and older and staff members must wear masks or a facial covering. We ask that students wear masks and facial coverings *without words or images that could be scary for our younger students*.



## Cell Phones

Students need to have their cell phones and turned off and put in their backpacks before they enter the building in the morning. If students have their cell phones out of their backpacks the phone will be sent to the office. Smart watches may be worn if used as watches. If smart watches are used to take pictures, record, text, or place a phone call they will be taken to the office. Parents will be called and will need to pick the phone or smart watch up from the front office.



## Water Bottles

Please send your child with a water bottle each day. The drinking fountains have been turned off and covered for student safety. We have a touchless water bottle filling station available near the gym if students need to refill their water bottle through the day. Parents have donated some water bottles for students who have forgotten to bring one.

## Cold Weather

Colorado is known for its crazy weather! Be sure to watch the weather forecast and send warm coats for students on colder days. If it is too cold we will keep students in for inside recess, but want to give kids the opportunity to be outside and get their wiggles out as much as possible.

# Important Reminders

## Middle Schoolers

Please don't forget to bring your waters bottles and masks to school!

## Attendance

If your child will be absent, the best way to notify the school is to e-mail Nancetta at [nwestcott@rmcacs.org](mailto:nwestcott@rmcacs.org). You may also call the school and press #1 to reach the attendance line.

If your child has to be out of school for a COVID-19 related absence, you can contact your child's teacher for daily work. If your child is keeping up with their daily work and you are communicating with the teacher on a daily basis, the absences will not count against your child's total number of absences. This can apply if your child has to be out of school for a COVID-19 exposure or if they test positive for COVID-19 and are able to do school work.

## Preschool

RMCA is currently enrolling Fall Preschool and Kindergarten Summer Camp from ages 3 to 6! Please contact Melissa at [mcornelius@rmcacs.org](mailto:mcornelius@rmcacs.org) or 719-550-5440 for registration information, or check out of website: [www.rmcaearlyeducation.org](http://www.rmcaearlyeducation.org).

## Email Us

If you have any questions or concerns, please email [info@rmcacs.org](mailto:info@rmcacs.org).



a great  
**Principal**  
**BUILDS CHARACTER**  
inspires dreams  
encourages creativity  
**BUILDS CONFIDENCE**  
INSTILLS A LOT OF LEARNING  
**Touches our ♥ hearts**  
**& CHANGES OUR LIVES FOREVER**

Celebrate with us!  
**School Principal's Day**  
Friday, April 30th



# Military Kids:

## FUTURE HISTORY MAKERS

### All Children are Unique

A reflection of challenges & appreciation from a military mom  
raising a child with special needs

As the parent of five military-connected children, including Zeke, who was born with Down syndrome, Kaci is often asked what it's like raising a child with special needs in the Active Duty military lifestyle.

Her response:

**"Difficult. But some of life's greatest gifts are cloaked in challenge, and the journey of being a military-connected kid has created in Zeke a unique strength, bravery, and spunk – the undeniable "force" within him that makes it impossible to accept defeat."**

One of the most profound and normalizing things communicated to Kaci as a young mom was the truth that all children are unique and gifted with interests, skills, talents, and abilities regardless of developmental limitations. "Treat Zeke exactly like you would your other children" and he will rise to meet those expectations. There are many challenges to raising an exceptional MilKid, which is why Kaci continues to advocate and raise awareness and so appreciates the many wonderful partners along the way.

Zeke, now a freshman in high school, has successfully transitioned through five public schools, two private schools, and even three-semesters as a homeschooled student. He has friends all over the globe, is rarely sick, reads like a champ, and is on a promising pathway to live an independent life. In the process, he's experienced rejection, been denied access to services, and fallen behind in meaningful academic progress. With the support and understanding of empowered parents and enlightened educators, Zeke is advancing toward independence.

Too often, education professionals desperately want to provide a greater level of opportunity for their students, but lack the training, support, empowerment and/or resources they need to accomplish it.



# Military Kids:

## FUTURE HISTORY MAKERS



The MCEC offers workshops, webinars, and podcasts to inform and empower parents like Kaci to be their child(ren)'s best advocate, and provides professional development to enlighten and equip educators to better understand and respond to the unique needs of military-connected children. ***Please consider supporting MCEC so we can continue providing the information and support parents, caregivers, educators and other youth-serving adults need to help all military-connected children become future history makers.***

**DONATE NOW**

or **Text MILCHILD** to **56512** to *invest in our kids!*

**#FutureHistoryMakers**



To learn more about Zeke, [click here](#) OR hear in his own words - his story on the [MCEC PODCAST](#)



**May 10th-14th • 9am-2pm**

**SANDSTONE PARK**

**Kindergarten:** Monday, May 10th  
**1st & 2nd Grade:** Tuesday, May 11th  
**3rd Grade:** Wednesday, May 12th  
**4th Grade:** Thursday, May 13th  
**5th Grade:** Friday, May 14th

**PTO has agreed to pay for a full package for all students to participate in Field Day this year!**

We still need you to fill out the online registration to complete our Parent Consent Form. You can also sign up to volunteer and pay for extras through this form. *Anyone who already paid will be contacted about a refund.* Thank you for your patience and support through this process.



**TRANSPORTATION**

The students will be bussed over to the park and then back to school at the end of the day

**FOOD**

Each student will receive a Hot Dog Meal, which consists of a hot dog, chips, & a drink. They will also get a Dairy Queen treat

**PRE-REGISTRATION**

All students need to pre-register in order to participate in Field Day this year. Parents can purchase an extra Hot Dog Meal through our shop

**The deadline to register is May 3rd**

**Click here to register your student & also sign up to volunteer\***

\*For those that sign up to volunteer, there will be an informational meeting on Friday, May 7th via Zoom. We will send out more information in an email.

**Questions? EMAIL MR. HUMPHREY AT [thumphery@rmcacs.org](mailto:thumphery@rmcacs.org)**



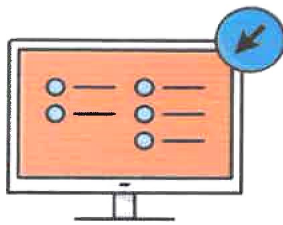
## Save the headache

of back to school shopping for another day.

Everything your teacher has requested will be inside the **school supply kit**.

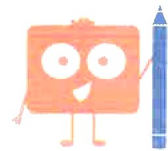


**ORDER TODAY**



## HOW TO ORDER ONLINE

BUILTBYBLU.COM



### FOLLOW THESE STEPS:

**1**

Visit the website: **builtbyblu.com**

**2**

Select the **state** for your child's school.

**3**

Select your **school** to order your child's school supply kit.

**4**

Add your child's kit to **cart** and continue shopping to buy optional items or another kit for the **upcoming school year**.

**5**

**Review** your order and **submit payment**.

**6**

Receive a **confirmation email** for your order.

*\*The email will be sent from [schoolprogram@bluschoolsupplies.com](mailto:schoolprogram@bluschoolsupplies.com)*

*\*Your bank statement will show a charge from BLUSOURCE.*

**YOUR LAST DAY TO ORDER IS:**

June 14, 2021

Once your site has closed, no changes or additional orders will be accepted.

**School Coordinator:**

Cassandra Cannon

ccannon@rmcacs.org

Your child's school supply kit will be sent to the school. Your school coordinator will provide details on when and where to get your kit.

LEARN A MUSICAL INSTRUMENT

# Join the Band

current 5th, 6th, & 7th Grade Students



There will be two band sections:  
**BEGINNING BAND & SYMPHONIC BAND**

Is your student interested in the Band Program *next year*? Band is a full commitment and will replace students' Music & PE Encore classes. Students will need their own band instrument and will be expected to practice at home. Please see the pre-registration link below about options to acquire an instrument.

The deadline to register has been extended to **Friday, April 30th**.

2021-2022 Pre-Registration Form

Contact Smitty with questions  
[dsmith@rmcacs.org](mailto:dsmith@rmcacs.org)

# DONATIONS

## NEEDED

## IN THE FRONT OFFICE

### WHAT TO BRING:

- ✓ Copy paper cases
- ✓ Water bottle cases
- ✓ Receipt for items

Every \$10 donated  
= 1 volunteer hour

**OR**

Each case of water  
= 1 volunteer hour

You must complete an  
application to volunteer or to  
receive volunteer hours!

## APPLY HERE



**FALCON ZONE**  
**MOBILE**  
**MARKET**

**FREE TO ALL FAMILIES &  
COMMUNITY MEMBERS**

**TUESDAY APRIL 13TH AND 27TH  
FROM 1:00-3:00 PM**

**FIELD BEHIND FALCON ELEMENTARY  
SCHOOL FROM SWINGLINE DRIVE**

THE MOBILE MARKET ALLOWS FOR FAMILIES TO  
SHOP FOR WHAT THEY NEED INSTEAD OF PICKING  
UP A PRE-PACKAGED BOX. ITEMS ARE FIRST  
COME/FIRST SERVE

# My Kid's Lunch

## FREE CHILD MEALS!

Extra Milk \$.60

Lunch \$2.95

Breakfast \$3.00

Adults \$3.70

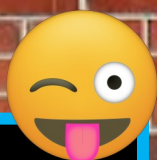
All meals are FREE to students until the end of the school year. At RMCA, we are invested in our students' health and are committed to offer healthy food to our students.

Monday 4/26	Tuesday 4/27	Wednesday 4/28	Thursday 4/29	Friday 4/30
<i>Pancakes, Syrup 100% Juice</i>	<i>Cinnamon Roll Fruit Cup</i>	<i>Lemon Poppyseed Bread Dried Fruit</i>	<i>English Muffin Egg Patty Cinnamon Pears</i>	<i>Zucchini Bread Applesauce</i>
<b>Meatball Sub Marinara Sauce Hoagie Roll Carrot bites, Ranch Dip Cinnamon Apples</b>	<b>Cheese Stuffed Breadsticks, Marinara Dipping Sauce Steamed Peas Whole Fruit</b>	<b>Seasoned Beef Chili Shredded Cheddar Homemade Cornbread Baked Potato Peach Crisp</b>	<b>Chicken Mac n Cheese Steamed Broccoli Whole Fruit</b>	<b>Chicken Nuggets BBQ Sauce Buttermilk Biscuit Baked Beans Whole Orange</b>





**ORDER HERE!!!**



**We have  
170 yearbooks...**

**BUY  YOUR  
Middle School  
Yearbook**



**Questions?  
Contact Pam Levicki  
[plevicki@rmcacs.org](mailto:plevicki@rmcacs.org)**



**Get 'em while  
they last!**

**\$25**

## El Paso County Rental Assistance Program

El Paso County Rental Assistance Program

**01**

What is it?

A program for Colorado citizens where eligible applicants can receive rental assistance now and for past payments. See Program Guidelines [here](#).

**02**

Who is eligible?

Colorado renters who have experienced financial hardship related directly or indirectly to COVID or renters who are at risk of homelessness.

**03**

How do I apply?

Coordinate with your landlord. You can apply for past unpaid rent and future rent. Click on the link provided below.

**04**

Important Helpful Information

Call 1-888-480-0066 for assistance or go to the [ERAP website](#).



# Rocky Mountain Classical Academy Preschool

*Register  
for Camp  
NOW!!*

Calling all Kindergarteners!

Here at RMCA Preschool we are excited to announce a Summer Camp just for YOU!

**Call or Email Ms. Melissa to secure your spot today!**  
**(719) 550-5440 or [mcornelius@rmcacs.org](mailto:mcornelius@rmcacs.org)**

ROCKY MOUNTAIN CLASSICAL  
ACADEMY PRESCHOOL

***NOW ENROLLING  
FOR THE  
2021-2022  
SCHOOL YEAR***

Contact Ms Melissa for more info at  
(719) 550-544   [mcornelius@rmcacs.org](mailto:mcornelius@rmcacs.org)  
[www.rmccacsearlyeducation.org](http://www.rmccacsearlyeducation.org)



## Help Us Keep Our School Open for In-Person Learning: Become a Sub!

With substitute teacher shortages, rising cases in the community and quarantines among our staff, our school is stretched thin. We need your help! Become a sub and keep our school open for in-person learning! Just as you use on-demand apps to rent vacation homes or to set up a ride, we request substitutes using Tagg. Tagg is a Colorado Springs based platform that connects schools with local substitutes offering their services. Think of it like Uber for education. Tagg enables you to start subbing in you child's classroom in just a week as an independent contractor!

### Accept Jobs



### Cover Classes



### Get Paid



### Why Create a Tagg Profile?

- Easy to sign up
- No sub license required
- Choose when to work
- Sub just at our school or sub at many schools
- Make between \$90-\$130 a day
- Help us stay open!

### How to Get Setup

- 1 Create your substitute profile at [subs.taggededucation.com/register](https://subs.taggededucation.com/register)
- 2 A team member will provide details to help you complete a background check (required without a license) and e-sign sub documents
- 3 Start subbing!

Have questions? Want more information?

Visit [www.taggededucation.com](https://www.taggededucation.com) or email us at [support@taggededucation.com](mailto:support@taggededucation.com)



FOR YOUTH DEVELOPMENT\*  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# DISCOVER SUMMER

## YMCA SUMMER DAY CAMP

Ages 5 - 12

Camp starts on May 24, 2021.

We will have weekly sessions running through August 13, 2021.

### TIME

6:30 a.m. – 6:00 p.m.

### COST

Registration Fee (one-time) \$50 per child

#### Weekly Day Camp Fee

Full Week - Members	\$220
Full Week - Nonmembers	\$250

#### 3 Day Option - Choose your 3 days!

Available at Tri-Lakes only	
Members	\$155/week
Nonmembers	\$185/week

### LOCATIONS

- Briargate YMCA
- Tri-Lakes YMCA / Lewis Palmer Elementary School
- Southeast YMCA
- Downtown / central locations will be announced soon!

**Join us for one week  
or all summer long!**

**Learn more at [ppymca.org/daycamp](https://ppymca.org/daycamp)**

**YMCA OF THE PIKES PEAK REGION**

Financial Assistance Available • CCCAP Accepted

# COVID-19: Information for Families

## Stay Safe, Stay Well, With These Helpful Reminders

- ▶ Wash your hands often or use hand sanitizer if soap and water are not available. Yes, even when you are at home!
- ▶ Avoid being around people that don't live in your house. Many people get sick being around people that they know. Limit contact to 15 minutes or less.
- ▶ Continue with social distancing (6 feet), just like at school.
- ▶ Wear a mask when you leave home, and when you are around people that don't live in your house.
- ▶ Help out with cleaning at home – disinfect items that others might touch, such as counter tops, tables, door knobs, light switches, handles and drawer pulls, toys, personal items, and surfaces in the car too.
- ▶ Don't share eating utensils, cups or glasses, or drink containers such as water bottles or juice boxes.
- ▶ Open windows at home when the weather is good. Fresh air is important.
- ▶ Consider getting a flu shot soon – contact your medical provider for information.

## Monitor Your Whole Family for Symptoms Daily:

- Monitor all family members for fever or other symptoms of illness, while at home or before leaving home. Take everyone's temperature with a reliable thermometer.
- If your student has any symptoms (even one symptom), they should not be going to the school, to small group instruction, or to special services for any reason. Notify the school immediately and keep your child at home.
- Any of the symptoms listed are possibly COVID-19. It is not possible to tell the difference between COVID and any other illness such as a cold, the flu, seasonal allergies or other illness, without a COVID PCR test. Some people have COVID and have only Minor Symptoms. Some people don't have any symptoms and still test positive for COVID. You might not know if someone has COVID or does not have COVID.
- Symptoms of COVID can appear 2 to 14 days after exposure to the virus. A COVID positive person can share the virus 2 days (48 hours) before they have any symptoms.

### COVID-19 Symptoms

CRITICAL SYMPTOM	MAJOR SYMPTOMS	MINOR SYMPTOMS
Loss of taste or smell	<ul style="list-style-type: none"><li>• Feeling feverish, having chills, temp of 100.4F or more</li><li>• New or unexplained persistent cough</li><li>• New or unexplained shortness of breath or difficulty breathing</li></ul>	<ul style="list-style-type: none"><li>• Sore throat</li><li>• Runny nose or congestion</li><li>• Muscle or body aches</li><li>• Headache</li><li>• Fatigue</li><li>• Nausea, vomiting</li><li>• Diarrhea</li></ul>

**EMERGENCY COVID-19 WARNING SIGNS** include: trouble breathing, persistent pain or pressure in the chest, new confusion, inability to wake or stay awake, bluish lips or face. Seek medical attention immediately by calling 911.

*This list is not all-inclusive for Major, Minor, or Emergency Symptoms. Please consult your medical provider for any other symptoms that are severe or concerning. Your medical provider may want to discuss evaluation, testing or have other directions for you.*

## If Anyone in the Home has any Symptoms or is Sick:

**Stay home!** Avoid being around others. If symptoms last longer than 24-48 hours, contact your medical provider.  
[www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/care-for-someone.html](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/care-for-someone.html)

### Where to get tested for COVID-19:

- ▶ [www.ElPasoCountyHealth.org/covid-19-testing-information](https://www.ElPasoCountyHealth.org/covid-19-testing-information)
- ▶ A PCR test is best. A rapid test for COVID-19 is only treated as accurate if it is a positive result. A rapid test might be negative because it's done too soon or too late to detect COVID. A PCR sample is sent to a lab for results.
- ▶ If there are no symptoms, it may be too soon to tell if COVID is present or not.
- ▶ It may take several days to get results back. While you wait, stay home and monitor symptoms. Avoid others.
- ▶ If anyone in the home has been tested for COVID, or has symptoms, it is best that everyone in the home stays home and waits for the test results. Or, separate the sick person from others as much as possible while waiting.

## If Anyone in the Home Tests Positive for COVID-19:

- ▶ Please notify the school, or school nurse. Even if we are E-learning, it is very important that we accurately keep track of the number of cases in our community and those cases associated with our district buildings.
- ▶ If someone in the home is positive for COVID, everyone in the home must stay home and isolate or quarantine also. The decision for the exposed household members to isolate for 10 days, or quarantine for 14 days, is dependent on several factors.
- ▶ Please contact the school nurse for more guidance. The school nurse can provide you with information that you need to care for your family and protect the community.

**For further guidance, contact your medical provider, El Paso County Public Health, or your school nurse.**

This information provided by District 49 Nursing Services  
[www.d49.org/nursingservices](https://www.d49.org/nursingservices)

## If you were advised to go into Isolation or Quarantine, would you know what to do?

[www.cdc.gov/coronavirus/2019-ncov/downloads/COVID-19-Quarantine-vs-Isolation.pdf](https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID-19-Quarantine-vs-Isolation.pdf)

- **Isolation** keeps someone who is infected with the virus away from others, even in their own home.
- **How long is Isolation?** 10 days to monitor for other symptoms and recover. Isolation is only 10 days, because you may have already had the virus 2-4 days before symptoms appear. Stay home and only go out if medically necessary.
- **Quarantine** keeps someone who might have been exposed to the virus away from others. It helps prevent spread of disease that can occur before a person knows they are sick or if they are infected with the virus without feeling symptoms.
- People in quarantine should stay home, separate themselves from others, monitor their health, and follow directions from their state or local health department. Stay home and only go out if medically necessary.

- **How long is Quarantine?** 14 days to monitor for any symptoms. It takes 2-4 days after being around someone sick with COVID for symptoms to appear if you are infected.
- If you have been around someone who has COVID, you will be advised to Quarantine. If symptoms start during Quarantine when you have been around someone with COVID, you will need to start your own 10-day Isolation to monitor for other symptoms and to recover.
- **Note:** If quarantine begins at noon on Day 1, it ends at noon on the last day.  
[www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html)

### References:

- ◆ [www.elpasocountyhealth.org](https://www.elpasocountyhealth.org) ◆ <https://covid19.colorado.gov>
- ◆ [www.cdc.gov](https://www.cdc.gov) ◆ <https://covid19.colorado.gov/cases-and-outbreaks-child-care-schools>

**Submit an  
Anonymous  
Report**

**safe<sup>2</sup>tell Colorado**

Make a Report. Make a Difference.



**1-877-542-7233**



Anonymously report anything that concerns or threatens you, your friends, your family or your community.  
We are open 24/7, 365 to take reports.

**Parents** are key players in creating safer schools and communities. Safe2Tell Colorado provides the only anonymous way for students, parents and community members to report unsafe and risky behaviors before they grow out of control. Each year, Safe2Tell Colorado receives thousands of reports on bullying, cyber-bullying, suicide threats, mental health concerns, child abuse, substance abuse, violence, planned school attacks, and other concerning behaviors. Each concern reported to Safe2Tell Colorado allows for caring, concerned adults to effectively intervene in the life of a child or youth who is struggling.

Safe2Tell Colorado wants everyone to know - telling isn't "snitching." Telling is when you need to keep yourself or someone you know safe from threats, harmful behaviors or dangerous situations. Not sure if you should use Safe2Tell? If you don't, who will?

We need your help to improve your school and community. By calling, you can help stop a friend from committing suicide, get another student off drugs, or stop a bully from making other people miserable. If you have information about the following topics, please call.

**To make a report, call 1-877-542-7233 from anywhere, 24 hours a day, seven days a week.** The call is free. You may also make a report by clicking on the yellow conversation box adjacent to this paragraph that reads Submit a Tip or download the Safe2Tell mobile app on the [Apple App Store](#) or [Google Play](#). Remember, your identity is safe. No one will ask for your name or number. There is no caller id., no call tracing, no call recording and no call forwarding. We only want to hear your concern and try to help.

The anonymity of all Safe2Tell Colorado reports is protected by C.R.S. 07-197. This means the reporting party remains UNKNOWN by Colorado State Law.

**My Kid's Lunch**



## **FREE BREAKFAST & LUNCH FOR ALL CHILDREN AGES 1-18**

<b>Sundays from 10:30 to 11:30am</b>	<b>Sundays from 12:30pm to 2pm</b>
NUEVA VIDA CHURCH	BY GRACE COMMUNITY CENTER
801 N. Circle Drive COS, CO 80909	737 Dale Street Fountain, CO 80817

7 days Breakfast & Lunch w/gallon milk per child